



Raftul
Denisei

„Un roman captivant, inteligent,
incredibil de amuzant.”

David Lodge

Irvin D. Yalom

Minciuni pe canapea

roman



HUMANITAS
fiction

Minciuni pe canapea by Irvin D. Yalom

Irvin D. Yalom

Îți poate pierde un psihiatru mințile? Poate fi el p?c?lit, sedus, manipulat chiar în timpul ?edin?elor în care ar trebui s? de?in? controlul asupra pacien?ilor? Da, dac? o femeie dornic? de r?zbunare hot?r?te s? joace rolul de pacient? neajutorat?. Plin de revela?ii surprinz?toare, întocmai ca duelul unui psihanalist cu Minciuni pe canapea mintea omeneasc?, romanul lui Yalom ne dezv?luie cât de vulnerabili suntem, f?r? excep?ie, în fa?a singur?t?ii ?i nevoii de iubire.Încrez?tor în propriile for?e, tân?rul psihanalist Ernest Lash nu Minciuni pe canapea ia în seam? sfaturile mentorului s?u, Marshal Streider, ci recurge, în timpul ?edin?elor de terapie, l. a. tehnici experimentale. Îns?, în ciuda infatu?rii psihiatrilor, mintea omeneasc? este un teritoriu înc? necartografiat ?i plin de primejdii: stabilind o rela?ie sincer? - crede el - cu o nou? pacient?, Carlyne Leftman, Ernest î?i deschide taini?ele sufletului ?i devine vulnerabil, neavând habar c? femeia pe care î?i închipuie c? o trateaz? dore?te de fapt s?-l manipuleze ?i s?-l distrug?. Prins într-o paradoxal? rela?ie terapeutic?, în care figura autoritar? a medicului a cedat tenta?iei confesiunii ?i i se supune pacientului dominator, Ernest va descoperi neb?nuite adev?ruri incomode despre sine Minciuni pe canapea ?i despre natura uman?, ale c?rei taine credea c? le cunoa?te.

Irvin Yalom'un okudu?um ilk kitab?. Bana kalsa Nietzsche A?lad???nda kitab?ndan ba?lard?m ama ekip okumalar?nda ilk s?rada oldu?u için ve hakk?nda çok olumlu yorumlar gördü?üm için biraz geç de olsa ben de okudum.Bu eseri klasik romanlardan ay?ran birkaç özelli?i var. Öncelikle bir psikoterapist taraf?ndan yaz?lm?? olmas? zaten yeteri kadar ilginç yap?yor. Irv'n Yalom'un psikoterapist olarak kaleminin iyi oldu?unu söyleyebilirim ama kitap edebi olarak çok üst düzey diyemem. Zaten öyle bir beklentim olmad??? için bekledi?imden daha ak?c? ve sade bir dilinin oldu?unu söyleyebilirim. Bu belki de tercüman?n maharetidir bilemiyorum. Kitap ile ilgili dikkatimi çeken bir ba?ka nokta da kitapta bask?n olan bir karakter bulamamam. Bunu birazdan spoiler alt?nda daha detayl? anlataca??m ama kitap sanki ana bir hikaye olmadan birçok alt hikayeyi birle?tiren bir roman gibi geldi bana. ?li?kilerin ve olaylar?n haritas?n? ç?karacak olsak sürekli belli noktalarda kesi?en ve çok karma??k bir yap?s? olan Londra metrosunu aratmayaca??ndan eminim. Gerçek hayatta olabilece?inden çok fazlaca tesadüflerle biraz da zorlama bir ili?kiyle olaylar iç içe girmi? olsa da bunun kitaba heyecan ve ak?c?l?k getirdi?i de yads?namaz bir gerçek.Terapi ve analiz kavramlar? üzerine kurulu diyaloglarla bezenmi? bir roman olmas? nedeniyle bu meslek d???nda olan insanlara yer yer s?k?c? gelebilecek bir kitap asl?nda. Birkaç psikoterapist dostumun olmas? ve onlarla bir projede birlikte çal??m?? olmam nedeniyle olsa gerek bu kitaptaki diyaloglar? hiç yad?rgamad?m ve bana s?k?c? gelmedi. Kitap hakk?nda belki de ba?larda biraz zorlan?rs?n gibi bir önyarg? ile yakla?mamdan ötürü olsa gerek benim için hem ak?c? hem de zevkli bir okuma oldu. Bunun yan? s?ra mesleki etik konusunda da bizim daha ne kadar yol kat etmemiz gerekti?ini anlamama vesile oldu. Zira kitap içinde birçok kez sorgulanana bu kavram?n ne yaz?k ki insan?m?z taraf?ndan bu düzeyde bir önemde alg?land??? dü?ünmüyorum. Kitab? okumadan önce de genel olarak bat?n?n Minciuni pe canapea etik, mesleki etik, etik öz disiplin gibi kavramlarda bizden daha ileri oldu?unu dü?ünmekteydim ve kitab? okuduktan sonra da bu kanaatim kesinlikle artt?.Etik kavram?n?n yan? s?ra insan?n bilinç alt?nda yer alan Minciuni pe

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